

Dear Parents and Guardians,

We are beyond excited for Athletics and Co-Curriculars to start this year at UCA! This year we have teams competing in all three seasons and we are very excited to get our Fall seasons and practices underway and provide other athletes/participants opportunities to improve in their off-season. This letter and contract is to set expectations and rules for all upcoming seasons. We want the best for your student athlete. We want to see them succeed and reach their full potential. For this reason we want to implement some rules and guidelines for the benefit of every party involved. You will see attached to this letter a contract with specific rules and regulations that we want every student athlete/participant to abide by for the betterment of the team, for the athlete themselves, and for the dedicated parents. We encourage you to look over the attached rules with your athlete and have an honest conversation about whether or not this is something you both agree to abide by this year. If so, you and your student athlete must sign to participate. We truly can't express it enough, we are so excited to get going and compete this year!

Respectfully,

John Purnell

Athletic Director, UCA

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## 2023-2024 UCA Athletics / Co-Curriculars Contract

- 1. I acknowledge and understand that my student athlete will not be allowed to participate in athletics/co-curriculars until I attend a mandatory Parents Meeting.
- 2. I promise to be at the full duration of practice and competitions.
- 3. I acknowledge and understand that practice is key to success and will attend at the time designated by the coach/sponsor.
- 4. I acknowledge and understand that high school seasons are very short and if I miss more than 2 unexcused practices, I will be kicked off the team.
- 5. I acknowledge and understand if I have an excuse to be absent I will communicate this with coaches in a timely fashion.
- 6. I acknowledge I received a copy of The Phoenix Way and will work hard to represent The Phoenix Way and UCA.
- 7. I acknowledge and understand that most athletics and co-curriculars are team endeavors, and while I can only control my preparation and performance, the competitions are not all about me, but about my entire team.
- 8. Parents, student athletes, and guests of student athletes will be vocally supportive of the team at competitions and will be respectful of all competitors and officials involved, even in the face of adversity.
- 9. I acknowledge and understand that it's the coaches responsibility to fight for fairness on behalf of our students and teams and will leave that to the coaches. I will encourage my student to focus on what they can control and allow the coaches to handle any issues that arise in competition.

Parent/Guardian	Student Athlete	